

# Esperanza's Brave IOP

Early Support Can Make A Lasting Difference

Together, you and your child will embark on a journey to overcome ARFID!

Let's work together to help your child thrive.

## 4-Week Summer Day Camp Program

This engaging and educational program will guide both the caregiver and child through interactive experiences each week.

- Nutrition Education
- Meal Support
- Food Exploration Group
- Cooking
- Psychoeducation & Skills
- Body Awareness
- Family-Based Treatment Approach



**JULY 7 - JULY 31**  
**for Children Ages 7-12**

**9A - 12P**

**Tuesday, Thursday & Friday**

**140 Heimer Rd, Ste 400**

San Antonio 78232

\*Caregiver must accompany child while in the program

Connect  
with us  
210.253.9763  
Free assessment,  
benefits check & enrollment



[www.EsperanzaEDC.com](http://www.EsperanzaEDC.com)





**Esperanza Eating Disorders Center**

140 Heimer Rd, Ste 400

San Antonio, TX 78232

o 210.253.9763 | f 210.255.1681

**REFERRAL FORM**

Patient Name \_\_\_\_\_

DOB \_\_\_\_\_

Diagnosis \_\_\_\_\_

Insurance Info \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Provider \_\_\_\_\_

Referral  
Organization \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

Date \_\_\_\_\_