Esperanza's ARFID IOP

Let us help forge the path to thriving nutrition. Together, you and your child will embark on a journey to overcome ARFID!

4-Week Winter Program

This engaging and educational program will guide both the caregiver and child through interactive experiences each week.Early Support Can Make A Lasting Difference

- Nutrition Education
- Meal Support
- Food Exploration Group
- Cooking
- Psychoeducation & Skills
- Body Awareness
- Family-Based Treatment Approach
- Mindful Movement
- Parent Process Group





JANUARY 4 - JANUARY 27

for Children Ages 7-12

3P - 6P

Monday, Tuesday & Wednesday

140 Heimer Rd, Ste 400

San Antonio 78232

Caregiver must accompany child while in the program

Connect with us
210.253.9763
Free assessment, benefits check & enrollment

www.EsperanzaEDC.com

Esperanza FOR EATING DISORDERS

Esperanza Eating Disorders Center
140 Heimer Rd, Ste 400
San Antonio, TX 78232
o 210.253.9763 | f 210.255.1681

REFERRAL FORM

Patient Name _____

DOB _____

Diagnosis _____

Insurance Info _____

_____

_____

Provider _____

Referral
Organization _____

Address _____

Email _____

Phone _____

Date _____