

Esperanza EDC Covid Protocol 2023

Caring for Our Patients and Our South TX Community During COVID – 19

Esperanza Eating Disorders Center continues to use the highest levels of infection control and hand hygiene practices each day for your safety as well as for the safety of our team. During this time, we are staying abreast of all notices and advisories. EEDC staff follows the infection prevention guidelines recommended by the CDC.

As a Behavioral Health Care Facility, we are here to serve the needs of our program patients, outpatient clients and their families. Patient and community safety is our priority, and we remain open.

In order to reduce the risk of Coronavirus transmission, we ask the following of you:

If you have traveled to a highly infected area, have a fever, cough, or shortness of breath or if you have been in contact with someone known to have COVID-19, please reschedule your appointment to protect yourself and our other patients.

CDC ISOLATION GUIDELINES

If You Test Positive for COVID-19 (Isolate)

Everyone, regardless of vaccination status.

- Stay home for 5 days.
- If you have no symptoms or your symptoms are resolving after 5 days, you can leave your house.
- Continue to wear a mask around others for 5 additional days.

If you have a fever, continue to stay home until your fever resolves.

If You Were Exposed to Someone with COVID-19 (Quarantine)

If you:

Have been boosted

OR

Completed the primary series of Pfizer or Moderna vaccine within the last 6 months

OR

Completed the primary series of J&J vaccine within the last 2 months

Wear a mask around others for 10 days.

- Test on day 5, if possible

If you develop symptoms get a test and stay home.

If you: Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted

OR

Completed the primary series of J&J over 2 months ago and are not boosted

OR

Are unvaccinated

- Stay home for 5 days. After that continue to wear a mask around others for 5 additional days.

- If you can't quarantine, you must wear a mask for 10 days.
- Test on day 5 if possible.

If you develop symptoms get a test and stay home.