

Esperanza Covid Protocol 2022

Caring for Our Patients and Our South TX Community during COVID -19: Esperanza Eating Disorders Center continues to use the highest levels of infection control and hand hygiene practices each day for your safety as well as for the safety of our team. During this time, we are even more vigilant, staying abreast of all notices and advisories. EEDC staff follows the infection prevention guidelines recommended by the CDC, and staff/patients are provided daily education on proper hygiene practices. As a Behavioral Health Care Facility, we are here to serve the needs of our program patients, outpatient clients and their families. Patient and community safety is our priority.

We will remain open.

To reduce the risk of Coronavirus transmission, we have implemented the following: 1/1/22

Increase in disinfecting all doorknobs and removing magazines and manipulatives from lobby, common spaces, and offices especially after patient encounters.

All who enter the building will be required to wash their hands or utilize antibacterial sanitizer.

Temperatures will be obtained from all who enter the building.

Everyone will be screened for symptoms such as: cough, sneezing, shortness of breath, sore throat, or GI symptoms.

All staff and patients will be required to wear a non-cloth facemask.

All staff and patients will cover their mouths and nose when coughing or sneezing with tissue or inner elbow.

Anyone with symptoms will be referred to their health care provider or minor emergency clinic.

We will follow the current CDC quarantine guidelines as listed below.

Outpatients will be offered tele-therapy with Zoom or another virtual program which meets the required standard of confidentiality. EEDC clinical staff is also here to help patients manage overwhelming anxiety about the pandemic and social isolation from required social distancing while also maintaining treatment and recovery for an eating disorder.

We ask the following of you: If you have traveled to a highly infected area, have a fever, cough or shortness of breath or been in contact with someone known to have COVID-19, reschedule your appointment to protect yourself and our other patient

CDC ISOLATION GUIDELINES

If You Test Positive for COVID-19 (Isolate)

Everyone, regardless of vaccination status.

- Stay home for 5 days.
- If you have no symptoms or your symptoms are resolving after 5 days, you can leave your house.
- Continue to wear a mask around others for 5 additional days.

If you have a fever, continue to stay home until your fever resolves.

If You Were Exposed to Someone with COVID-19 (Quarantine)

If you:

Have been boosted

OR

Completed the primary series of Pfizer or Moderna vaccine within the last 6 months

OR

Completed the primary series of J&J vaccine within the last 2 months

Wear a mask around others for 10 days.

- Test on day 5, if possible.

If you develop symptoms get a test and stay home.

If you: Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted

OR

Completed the primary series of J&J over 2 months ago and are not boosted

OR

Are unvaccinated

- Stay home for 5 days. After that continue to wear a mask around others for 5 additional days.
- If you can't quarantine you must wear a mask for 10 days.
- Test on day 5 if possible.

If you develop symptoms get a test and stay home.