

ESPERANZA EATING DISORDERS CENTER WOULD
LIKE TO INVITE YOU TO JOIN THE

MONTHLY ALUMNI SUPPORT GROUP

This monthly alumni support group offers a space for folks who have graduated from our PHP or IOP programs to stay connected, grounded, and supported in recovery. The group offers a structured, supportive space to check in, share wins and challenges, refresh recovery skills, and connect with others who truly get it. Month after month, we are here to share hope, offer support, encouragement, and accountability in a compassionate, nonjudgmental environment.



This group is designed for individuals who have completed treatment at Esperanza.

If you are interested in joining the alumni community, please reach out to Hallie Leighton at halliel@esperanzaedc.com to get started.

TITLE: **ALUMNI SUPPORT GROUP**

DATE: **EVERY THIRD WEDNESDAY OF THE MONTH**

TIME: **6:45 - 7:45 PM**

LOCATION: **ESPERANZA EATING DISORDERS CENTER | 140 HEIMER RD, SUITE 400**

COST: **FREE**

PRIMARY FACILITATOR: **EMILY PRENTICE, LCSW**