

CONNECTION

EATING DISORDER RECOVERY HAPPENS THROUGH CONNECTION



Susan C. Mengden, PhD, CEDS-s Serving as San Antonio iaedp Chapter President

Susan C. Mengden is a Certified Eating Disorder Specialist-iaedp Approved Supervisor with 33 years of specialization in eating disorder treatment for adolescents and adults. She also holds the credentials of PhD and Certified Group Psychotherapist and serves as Executive Director of Esperanza Eating Disorders Center.

The International Association of Eating Disorder Professionals (iaedp) Foundation, San Antonio Chapter, which was launched in 2019, is an excellent resource for multidisciplinary education and support for eating disorder professionals in the area.

“It is exciting to see the area eating disorder community collaborating and having local access to regular education events as eating disorder treatment continues to evolve,” said Mengden. “Because of the multidisciplinary nature of treatment of eating disorders, strong working relationships among professionals is critical for patient progress to occur.”

The chapter's Leadership Team is comprised of professionals representing all aspects of eating disorder treatment. Leadership Team members are listed below:

President: Susan C. Mengden, PhD, CEDS-s, CGP
Past President: Landry Yarborough, LPC, CEDS-s, NCC
Secretary: Karrie Itz-Thompson, RD, CEDS
Treasurer and Hospitality: Becca Allen, LPC, NCC, CEDS, PMH-C
Marketing: Sarah Snively, RD, LD
Elizabeth Bright, LPC-S, CEDS
Student Liaison: Crystal Ulbrich, RDN
Medical Liaison: Noel Burnet-Ales, DO
Social Media: Jessie Estrada, MA, LPC, CEDS
Education Chair: Beth Confer, LPC

The San Antonio Chapter's Leadership Team adheres to the following mission:

TO INSPIRE COLLABORATION, PROVIDE STATE-OF-THE-ART EDUCATION, AND PROMOTE EXCELLENCE AMONG PROFESSIONALS WHO ENCOUNTER THOSE WITH EATING DISORDERS AS WELL AS THOSE INTERESTED IN THE FIELD. OUR VISION IS TO HAVE AN ENGAGING COMMUNITY WHERE ALL SUFFERING FROM EATING DISORDERS FIND LONG-TERM RECOVERY.

Connect with Dessimber Daniels at (210) 253-9763 for a telephone screening, insurance benefits review and to schedule a comprehensive, in-person assessment.

www.EsperanzaEDC.com

Upcoming iaedp Education:

Be on the lookout for more information about these upcoming iaedp education opportunities:

April 1-June 30: Virtual National iaedp Symposium

May 20/Aug 19/Nov 18:
San Antonio Chapter meetings with CE presentation

Sept 16:
San Antonio Chapter Symposium providing 6 CEs

For more information about chapter learning opportunities, email sanantonio.iaedp@gmail.com

How to Join:

To join the San Antonio chapter, you first need to join the national iaedp organization. You can do that here: <https://iaedp.site-ym.com/> In the “Membership Selection” section, you will select “Chapter Member” and then submit the chapter code at checkout for the discount. The chapter code is “SanAntonio”.

For those who are already national iaedp members and want to join the chapter before their next renewal date, they can email sarah@iaedp.com and ask to be added to our chapter listing.



ESPERANZA = HOPE